

July 16, 2007

*The Bulletin is dedicated to information regarding the Riverview Redevelopment Project to keep stakeholders informed as the project progresses.*

*Fraser Health's plan includes the transfer of 229 beds from Riverview Hospital into its own communities and the development of another 38 new beds for a total of 267 Fraser Health beds. In varying numbers, the beds are dedicated to: Adult Specialized Residential, Geriatric Specialized Residential, Tertiary Acute Adult, Geriatric Acute, Geriatric Behavioural Stabilization, Neuropsychiatry, Community Tertiary Rehabilitation and Intensive Tertiary Rehabilitation.*

## **Delta View Update**

Fraser Health awarded a contract for 52 Geriatric Behavioural Stabilization, Complex Care Neuropsychiatry care beds to Delta View Habilitation Centre in Delta. This level of support is for elderly individuals with serious and persistent mental health issues who require more intensive stabilization and rehabilitation, allowing them to function at their optimum in light of their illness.

Beginning in early April, clinical teams from Riverview, Fraser Health and Delta View have been working together assessing patients designated for transfer to Delta View Habilitation Centre from Riverview Hospital. Transition plans have been developed by Riverview for each resident to ensure a smooth transition process for both residents and their family members.

Delta View staff have been conducting

tours of the facility for families of RVH patients and physicians who will provide care at the facility. Transfers began on May 23 with the first 20 patients successfully admitted to Delta View by June 14 and the process to be completed by early August 2007.

Delta View, built in 1991, is dedicated to a model of care based on the "Gentle Care" approach that focuses on controlling stimuli and changing the environmental context in order to improve quality of life for residents. The care team is composed of health care professionals including physicians, nurses, rehabilitation therapists, health care workers social worker and support staff.

Residents, families, friends and volunteers are included in care planning and daily activities.

## Successes at Cottonwood and Connolly Lodge



In the few short months since Cottonwood Lodge opened its doors and Fraser Health took on operational responsibility for Connolly Lodge (specialized residential mental health facilities located on Riverview Hospital grounds), many successes have been achieved.

(pictured: Marcia, an artist in residence who recently won 2<sup>nd</sup> place in an Art Show)

Below are some examples of success:

- Expansion of the peer support and supported employment programs. Several residents from the Lodges have jobs at Milestones, Save-On foods, the recycling bottle depot, Vancouver Airport, Zellers.
- Smoking cessation committee and program started - approx 4 staff have either quit smoking or began a program since opening and they are leading the way in role modeling healthy behavior for residents and residents have begun to reduce their amount of smoking.
- A gardening program and a vegetable garden are in progress at Connolly.
- All of the residents have bus passes and are using these more frequently to go into the community.
- Residents have started a bulletin 'Cordially Yours' for the lodges.
- Residents are now actively participating in the meal set-up/ and clean-up.
- 5 residents are actively involved in the Community Volunteer Support Program.
- Resident, Ann completed the sun run! Resident, Sandra participated for the first time.

## Community Tertiary Rehabilitation



(pictured is an early perspective of Memorial Cottage)

Within Fraser Health's Plan for the Riverview Project is the development of three Community Tertiary Rehabilitation (CTR) facilities. They include:

- A 25-bed facility on property adjacent to Langley Memorial Hospital (former public health building) to be called Memorial Cottage.
- A 20-bed facility to be called Cypress Lodge on the Riverview Hospital

grounds adjacent to Cottonwood Lodge and Connolly Lodge.

- A 20-bed facility in Chilliwack

## What is CTR?

This program is for individuals with a serious mental illness requiring more intensive psychosocial rehabilitation to assist them in managing their illness and in reaching their goals.

Critical to the program will be the rehabilitative focus on the realms of personal life, supported education, vocational training and recreation.

These units are intended to be integral parts of their local community and by situating elements of this service across Fraser Health's health areas, the goal is to maintain and promote whatever connection is possible for the

resident in the community including family, friends and local support services.

In CTR, clients learn or re-learn basic living skills such as meal preparation, housekeeping, leisure planning and money management. Some develop vocational skills through supported education programs and job training initiatives and are able to work in volunteer or paid jobs. Others frequent clubhouses for social, vocational and peer interaction. All are encouraged to use the community and its services.



(Pictured is an early perspective of Cypress Lodge)

## CTR Status Report

Work continues to progress on the community tertiary rehabilitation projects. The respective multidisciplinary teams representing the regions of Fraser Health continue to work on the development of operating plans for this unique initiative.

## Targeted timelines

### Memorial Cottage

July-August 2007 – decommissioning of the Langley site (asbestos removal and demolition).

Fall 2007 – Spring 2009 - Construction.

February 2009 – Occupancy.

### Cypress Lodge

November 2007 – Spring 2009 - Construction

February 2009 – Occupancy.

**For more information on the Riverview Redevelopment Project please contact Sue Melnychuk, Director, Projects and Planning, Mental Health and Addictions:**

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